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FOR IMMEDIATE RELEASE

EDAC TECHNOLOGIES REPORTS FOURTH QUARTER RESULTS

FARMINGTON, Conn., March 8, 2005 – EDAC Technologies Corporation (OTC Bulletin Board: EDAC.OB), a designer and manufacturer of tools, fixtures, jet engine components, injection molds and spindles, today reported results for the fourth quarter of 2004.

Sales for the fourth quarter of 2004 were \$9,631,000 and net income was \$2,012,000 or \$0.43 per diluted share, versus sales of \$5,992,000 and a net loss of \$107,000 or a loss of \$0.02 per diluted share for the fourth quarter of 2003. The fourth quarter benefited from an income tax credit of \$1,567,000. Net income prior to the tax credit was \$445,000.

For the fiscal year 2004, sales were \$33,247,000 and net income was \$2,862,000 or \$0.62 per diluted share versus sales of \$25,677,000 and net income of \$6,579,000 or \$1.46 per diluted share for the fiscal year 2003. The fiscal year 2003 benefited from a gain of \$7,253,000 from debt restructuring. Without the gain for the fiscal year 2003 the net loss would have been \$674,000. The fiscal year 2004 benefited from an income tax credit of \$1,831,000 and debt forgiveness of \$250,000. Net income prior to the tax credit and without the debt forgiveness would have been \$781,000.

Commenting on the fourth quarter and fiscal year 2004, Dominick A. Pagano, President and Chief Executive Officer, said, “We are pleased with the year-end results and in particular the fourth quarter, in which we achieved record sales and continued improvement in our gross profit. After two years of rebuilding, we are reporting our first fiscal year operating profit since 2001. Compared to the fiscal year 2003, our operating profit for fiscal year 2004 has improved from a loss of \$143,000 to a profit of \$1,416,000. Our refinancing in January 2005 has reduced our debt service and will provide for capital equipment through a \$1.5 million equipment line. Our backlog remains strong and our management team continues to develop. We look forward to maintaining the positive momentum into 2005.”

About EDAC Technologies Corporation

EDAC Technologies Corporation is a diversified manufacturing company primarily offering (i) design and manufacturing services for the aerospace industry in such areas as jet engine parts, special tooling, equipment, gauges and components used in the manufacture, assembly and inspection of jet engines (ii) high-precision fixtures, gauges, dies and molds and (iii) the design, manufacture and repair of precision spindles, which are an integral part of numerous machine tools found in virtually every manufacturing environment.

Cautionary Statement Regarding Forward Looking Statements - This press release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. The Company uses words such as “plans,” “seeks,” “projects,” “expects,” “believes,” “may,” “anticipates,” “estimates,” “should,” and similar expressions to identify these forward looking statements. These statements are subject to risks and uncertainties and are based upon the Company’s beliefs and assumptions. There are a number of important factors that may affect the Company’s actual performance and results and the accuracy of its forward-looking statements, many of which are beyond the control of the Company and are difficult to predict. These important factors include, without limitation, factors which could affect demand for the Company’s products and services such as general economic conditions and economic conditions in the aerospace industry and the other industries in which the Company competes; competition from the Company’s competitors; and the Company’s ability to enter into satisfactory financing arrangements. These and other factors are

described in the Company's annual and quarterly reports filed from time to time with the Securities and Exchange Commission. In addition, the forward-looking statements included in this press release represent the Company's expectations and beliefs as of the date of this release. The Company anticipates that subsequent events and developments may cause these expectations and beliefs to change. However, while the Company may elect to update these forward-looking statements at some point in the future, it specifically disclaims any obligation or intention to do so.

EDAC TECHNOLOGIES CORPORATION
CONSOLIDATED STATEMENTS OF OPERATIONS

	<u>For the three months ended</u>		<u>For the twelve months ended</u>	
	<u>January 1,</u>	<u>January 3,</u>	<u>January 1,</u>	<u>January 3,</u>
	<u>2005</u>	<u>2004</u>	<u>2005</u>	<u>2004</u>
Sales	\$9,631,166	\$5,992,246	\$33,247,019	\$25,677,087
Cost of sales	<u>8,275,184</u>	<u>5,309,259</u>	<u>29,199,047</u>	<u>22,950,242</u>
Gross profit	1,355,982	682,987	4,047,972	2,726,845
Selling, general and and administrative expenses	<u>751,317</u>	<u>733,313</u>	<u>2,632,084</u>	<u>2,869,897</u>
Income (loss) from operations	604,665	(50,326)	1,415,888	(143,052)
Non-operating income (expense):				
Interest	(159,620)	(160,082)	(634,618)	(678,489)
Gain on debt forgiveness	-	-	250,000	-
Gain on debt restructuring	-	-	-	7,253,203
Other	<u>-</u>	<u>103,413</u>	<u>-</u>	<u>147,126</u>
Income (loss) before income taxes	445,045	(106,995)	1,031,270	6,578,788
Benefit from income taxes	<u>1,566,541</u>	<u>-</u>	<u>1,830,695</u>	<u>-</u>
Net income (loss)	<u>\$2,011,586</u>	<u>\$ (106,995)</u>	<u>\$2,861,965</u>	<u>\$6,578,788</u>
Income (loss) per common share data:				
Basic	<u>\$0.45</u>	<u>\$(0.02)</u>	<u>\$0.64</u>	<u>\$1.49</u>
Diluted	<u>\$0.43</u>	<u>\$(0.02)</u>	<u>\$0.62</u>	<u>\$1.46</u>
Weighted average shares outstanding:				
Basic	4,444,438	4,444,203	4,444,438	4,425,309
Diluted	4,661,520	4,444,203	4,644,647	4,502,051

EDAC TECHNOLOGIES CORPORATION
CONDENSED CONSOLIDATED BALANCE SHEETS

	January 1, 2005	January 3, 2004
<u>ASSETS</u>		
CURRENT ASSETS:		
Cash	\$ 549,198	\$ 94,151
Accounts receivable (net of allowance for doubtful accounts of \$234,000 as of January 1, 2005 and January 3, 2004	6,573,114	3,154,498
Inventories, net	4,454,937	4,611,253
Prepaid expenses and other current assets	57,290	60,424
Refundable income taxes	330,869	-
Deferred income taxes	733,583	-
Total current assets	<u>12,698,991</u>	<u>7,920,326</u>
PROPERTY, PLANT AND EQUIPMENT, at cost:		
Land	632,821	632,821
Buildings and improvements	6,289,625	6,280,988
Machinery and equipment	18,954,913	18,571,819
	<u>25,877,359</u>	<u>25,485,628</u>
Less: accumulated depreciation	17,297,856	15,542,501
	<u>8,579,503</u>	<u>9,943,127</u>
OTHER ASSETS:		
Deferred income taxes	766,417	258,608
Other	102,183	43,751
TOTAL ASSETS	<u>\$22,147,094</u>	<u>\$18,165,812</u>
<u>LIABILITIES AND SHAREHOLDERS' EQUITY</u>		
CURRENT LIABILITIES:		
Revolving line of credit	\$ 580,555	\$ 2,550,832
Current portion of long-term debt	1,030,282	2,254,142
Trade accounts payable	3,249,892	2,098,415
Employee compensation and amounts withheld	1,228,975	972,630
Accrued expenses	502,450	412,201
Customer advances	363,745	77,138
Deferred income taxes	-	258,959
Total current liabilities	<u>6,955,899</u>	<u>8,624,317</u>
LONG-TERM DEBT, less current portion	<u>8,564,927</u>	<u>5,671,190</u>

OTHER LONG-TERM LIABILITIES	<u>1,423,054</u>	<u>1,125,063</u>
SHAREHOLDERS' EQUITY:		
Common stock, par value \$.0025 per share; 10,000,000 shares authorized; issued and outstanding-- 4,444,438 in 2004 and 2003	11,111	11,111
Additional paid-in capital	9,377,508	9,377,508
Accumulated deficit	<u>(2,282,044)</u>	<u>(5,144,009)</u>
	7,106,575	4,244,610
Less: accumulated other comprehensive loss	1,903,196	1,499,203
Treasury stock, 235 shares	<u>165</u>	<u>165</u>
Total shareholders' equity	<u>5,203,214</u>	<u>2,745,242</u>
TOTAL LIABILITIES AND SHAREHOLDERS' EQUITY	<u><u>\$22,147,094</u></u>	<u><u>\$18,165,812</u></u>

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